

Variable	Mean	SD	Min	Max
Age	34.5	10.2	21	55
Gender	1.2	0.4	1	2
Marital status	1.5	0.5	1	3
Education	12.5	2.1	9	16
Income	1.8	0.6	1	3
Occupation	1.5	0.5	1	3
Health status	1.5	0.5	1	3
Stress level	2.5	0.8	1	4
Life satisfaction	3.5	0.9	1	5
Self-esteem	3.0	0.7	1	4
Resilience	2.0	0.6	1	3
Optimism	3.0	0.8	1	4
Gratitude	3.5	0.9	1	5
Forgiveness	3.0	0.7	1	4
Empathy	3.5	0.9	1	5
Compassion	3.0	0.7	1	4
Kindness	3.5	0.9	1	5
Generosity	3.0	0.7	1	4
Patience	3.5	0.9	1	5
Humility	3.0	0.7	1	4
Modesty	3.5	0.9	1	5
Shyness	3.0	0.7	1	4
Introversion	3.5	0.9	1	5
Extroversion	3.0	0.7	1	4
Sensitivity	3.5	0.9	1	5
Emotionality	3.0	0.7	1	4
Stability	3.5	0.9	1	5
Neuroticism	3.0	0.7	1	4
Conscientiousness	3.5	0.9	1	5
Agreeableness	3.0	0.7	1	4
Openness	3.5	0.9	1	5
Curiosity	3.0	0.7	1	4
Imagination	3.5	0.9	1	5
Creativity	3.0	0.7	1	4
Innovation	3.5	0.9	1	5
Leadership	3.0	0.7	1	4
Teamwork	3.5	0.9	1	5
Communication	3.0	0.7	1	4
Interpersonal skills	3.5	0.9	1	5
Problem-solving	3.0	0.7	1	4
Decision-making	3.5	0.9	1	5
Planning	3.0	0.7	1	4
Organization	3.5	0.9	1	5
Time management	3.0	0.7	1	4
Productivity	3.5	0.9	1	5
Efficiency	3.0	0.7	1	4
Quality of work	3.5	0.9	1	5
Job satisfaction	3.0	0.7	1	4
Work-life balance	3.5	0.9	1	5
Stress management	3.0	0.7	1	4
Emotional regulation	3.5	0.9	1	5
Self-awareness	3.0	0.7	1	4
Empathy	3.5	0.9	1	5
Compassion	3.0	0.7	1	4
Kindness	3.5	0.9	1	5
Generosity	3.0	0.7	1	4
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Productivity	3.5	0.9	1	5
Efficiency	3.0	0.7	1	4
Quality of work	3.5	0.9	1	5
Job satisfaction	3.0			

ABSTRACT OF THE DISCLOSURE

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